## Bí Cineálta!

We want everyone at our school to feel safe and happy.

If you are being bullied or there is unkind behaviour directed at you or someone else, you need to <u>tell a teacher or another adult that you</u> <u>trust</u>. They will know what to do to help.



If a student tells a staff member that they think they are being bullied, we will:

- > talk with the student
- > ask the student what they want to happen
- > work out a plan together
- > talk to their parents
- > talk to the other student(s) involved
- > further actions may be needed
- > a follow up with anyone involved

DON'T BE AFRAID TO TELL SOMEONE

Bullying behaviour is when someone keeps being mean or hurtful to others on purpose over and over again. When it happens a lot – not just once. <u>EXCEPT</u> cyber bullying – anything put on the internet/social media is repeated.

Please tell someone if you are being bullied or someone else is being bullied. Any unkind behaviour should be reported. Remember bullying isn't always physical.

Our school has a Bí Cineálta policy to try to stop bullying behaviour. We look at this policy every year to see what is working well or what could work better. We will ask you what you think.

